

# Instructions for Shipping Fresh Brains to the NYBB – Taub









<http://nybb.hs.columbia.edu> – [nybb@columbia.edu](mailto:nybb@columbia.edu)

These instructions outline the procedures of packing a fresh brain for shipment to the NYBB. Upon request, we provide packing material. For further assistance call 212-305-2299.

## 1. Recommended items to pack a fresh brain:

<p>Two clean, dry ziploc plastic bags (about 22.0 x 30.0 cm)</p> 	<p>Plastic bucket with a tightly fitting lid (about 4.0 liters)</p> 
<p>Large plastic bag (about 40.0 x 50.0 cm)</p>	<p>Envelope for documents</p>
<p>Thermosafe polyfoam container (about 38.0 x 33.0 x 31.0 cm)</p> 	<p>Two refrigerant packs about (17.0 x 10.0 cm)</p> 
<p>Wet ice (about 1.0 kg)</p>	

2. Packing procedure:

<p>Put the fresh brain in the first ziploc bag (A).</p>  <p><b>A</b></p>	<p>Ziploc first bag (B).</p>  <p><b>B</b></p>
<p>Place bag (B) in second bag and ziploc it (C).</p>  <p><b>C</b></p>	<p>Place 0.5 kg of wet ice into the bucket and transfer the double-bagged brain onto the ice (D).</p>  <p><b>D</b></p>
<p>Cover double-bagged brain with wet ice (E) and tightly fit the lid on the bucket.</p>  <p><b>E</b></p>	<p>Put big plastic bag into the polyfoam container and place wet ice (about 0.3 kg) into the bag (F).</p>  <p><b>F</b></p>
<p>Transfer sealed bucket into plastic bag of the container, onto the ice and add refrigerant packs (G).</p>  <p><b>G</b></p>	<p>Close plastic bag (H), put polyfoam lid in place, add documents and close cardboard box.</p>  <p><b>H</b></p>
<p>Please provide information pertaining to the donor of the specimen and the time intervals between the steps of obtaining and packing the brain. Please refer to the information sheet, which may be downloaded from our Internet site. (<a href="http://www.nybb.hs.columbia.edu">http://www.nybb.hs.columbia.edu</a>)</p>	
<p>We use "Sterling Courier Systems" as they are familiar with our operations. For pickup call: <b>1-888-633-6666</b> and indicate that you would like to send tissue samples to: "<b>NYBB - Taub</b>".</p>	